



## Breakfast

Cooked Breakfast

Selection of cereals and porridge

Toast and preserves

Yoghurts and fresh fruit

Tea, coffee and fruit juices

## Lunch

Pork and Apple Casserole

or

Cottage Pie

Served with seasonal vegetables and potato accompaniment

Apple and Berry Strudel or Fresh Fruit Salad

## Evening meal

Homemade Tomato Soup

Selection of fresh sandwiches

Macaroni Cheese with garlic bread

Cherry Pie and custard, fresh fruit or yoghurt

An alternative menu is also on offer for lighter meals

All dietary requirements are catered for

This sample menu is representative of a typical day

